

ALSTON-WITH-GARRIGILL

RURAL DISTRICT COUNCIL

ANNUAL REPORT
OF THE
MEDICAL OFFICER OF HEALTH
FOR 1966

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TO THE
CHAIRMAN AND MEMBERS OF THE
ALSTON-WITH-GARRIGILL
RURAL DISTRICT COUNCIL

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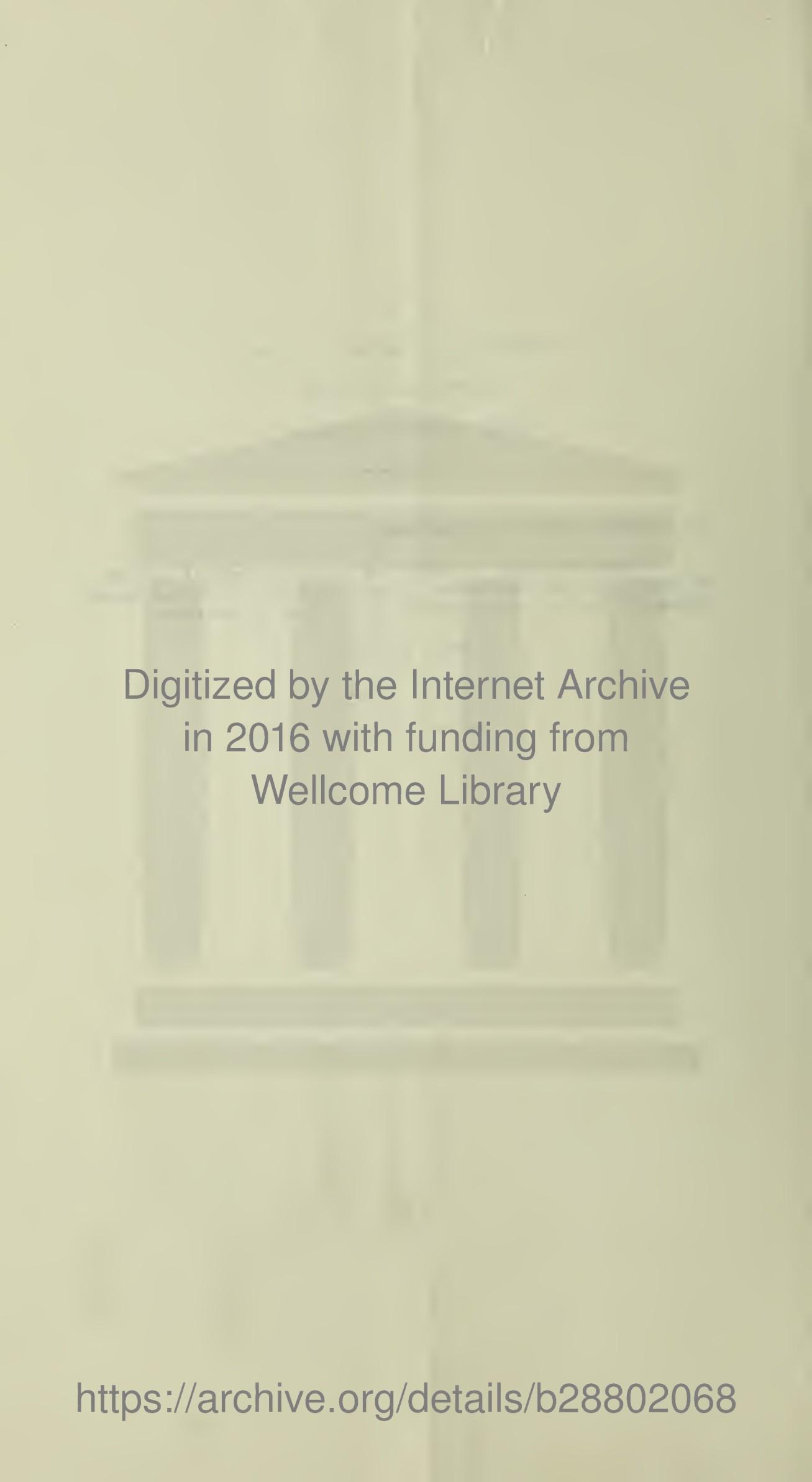
Mr. Chairman, Ladies and Gentlemen,

I have the honour to submit my report as Medical Officer of Health for the year 1966. I wish to thank the Public Health Inspector for his assistance in preparation of my report.

Yours faithfully,

JOHN R. MSSHAN,

Medical Officer of Health.

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REPORT OF THE MEDICAL OFFICER OF HEALTH FOR
 ALSTON-WITH-GARRIGILL RURAL DISTRICT COUNCIL
 FOR THE YEAR 1966

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SECTION A

VITAL STATISTICS

Statistics and Social Conditions of the Area

Area	36,971 acres
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Population	2,060
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Number of inhabited houses according to the Rate Book.

Alston Ward	546
Nenthead Ward	192
Garrigill Ward	129
		Total <u>867</u>

Rateable Value (1st April, 1966)	£47,954
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Penny Rate Product	£185
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COMMENT.

Despite the trend in rural areas, namely, depopulation and an imbalance of numbers of deaths over births the figures for this district in 1966 are satisfactory. The estimated population has remained steady over the past three years and the death rate approaches the national figure for the first time in many years. The birth rate is much lower than the national one but it is well to realise that another four births would have brought our figure up to the average; such are the discrepancies when dealing in small numbers and relating them to a rate per thousand.

There were 89 cases of measles during the year. Vaccination against this disease is now available but is not being offered routinely for a number of reasons. The number of children and adults seeking protection against diphtheria, whooping cough, tetanus, poliomyelitis and small pox was good. There are no members of the community suffering from tuberculosis.

In general of great significance is the intention to build a new housing estate. This, with the proposal of expanding industry, and the increase in the number of places for apprenticeship for the young gives a real and strong impression that the future and prosperity of Alston Moor is assured and brighter than it has been since 1946.

I should like to thank the Chairman and Members of the Committees for their continued interest and support.

1966LIVE BIRTHS

											M	F
Legitimate	14	10
Illegitimate	1	3
												<u>28</u>

STILL BIRTHS

											M	F
Legitimate	-	-
Illegitimate	-	-
												<u>-</u>
												<u>-</u>

											M	F
Deaths of infants under 1 week of age											-	-
" " "	"	4 weeks	"	"							-	-
" " "	"	1 year	"	"							-	-
												<u>-</u>
												<u>-</u>

ANNUAL BIRTH RATE per 1,000 estimated population

For this area	13.6
For Cumberland	16.3
For Rural District of Cumberland	16.0
For England and Wales	17.7

DEATHS

											M	F
											10	13
												<u>23</u>

ANNUAL DEATH RATE per 1,000 estimated population

For this area	12.3
For Cumberland	12.3
For Rural District of Cumberland	12.3
For England and Wales	11.7

Deaths from Puerperal Causes	Nil
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SECTION B(1) PUBLIC HEALTH OFFICERS OF THE AUTHORITY

Medical Officer of Health (Part-time)

John R. Hassan, M.B., Ch.B., D.R.C.O.G.,
Cottage Hospital,
ALSTONPublic Health Inspector
R. W. Thomas, M.A.P.H.I.,
Town Hall,
ALSTON(2)(a) LABORATORY FACILITIESThe Pathological Laboratory of the Cumberland Infirmary,
Carlisle supplies a complete range of service under this heading.

(b) AMBULANCE

I am glad to report that the Ambulance and Sitting Car Service give every satisfaction in comfort and warmth and speed.

(c) CLINICS AND TREATMENT CENTRES

Consultant Services are available at Carlisle and Newcastle. Physiotherapy is available on two mornings each week at the Cottage Hospital. Maternity and Child Welfare Clinics are held weekly at the Cottage Hospital provided of course by the Cumberland County Council. The School Dental Clinic is held one day a fortnight at the Cottage Hospital.

It is regretted that there is now no General Dental Practitioner Service, nor is there any immediate prospect of acquiring one. I estimate that there is about two days work a week for anyone interested.

SUPPLIESWATER SUPPLIES

Following instructions laid down in the Ministry of Health Circular, 1/65

(a) The quality of the water supplied through the water mains was satisfactory. The various springs from which the supplies are derived are land springs in carboniferous limestone. The spring at Killhope, Nenthead has a fairly high iron content which causes slight discolouration under normal circumstances but the discolouration becomes pronounced when the flow through the mains is interrupted in some way.

As indicated in my last report, the Eden Water Board extended the Garrigill water supply to the farms and cottages along the South Tyne Valley, and this main was eventually joined up with the Alston water supply at the foot of the Wardway.

(b) Two Type A.H.W.M. reagent feeders are installed at Springfield, Alston and one at Killhope, Nenthead. Iron in suspension causes difficulty in maintaining the Nenthead machine in working order.

(c) None of the water supplies are liable to plumbo solvency.

(d) Action taken in the event of contamination is covered by (b) above.

(e) No. of dwelling houses supplied	(1) direct to houses	695
	(2) by standpipes	7
No. of population supplied	(1) direct to houses	1942
	(2) by standpipes	13

SEWERS AND SEWAGE DISPOSAL

Three centres of population are served by public sewers. At Alston and Nenthead the works comprise of screens, detritus chambers, settling tanks, rotary filters and humus tanks. Garrigill is served by settling tanks and the effluent disposed of by land irrigation.

REGISTERED COMMON LODGING HOUSES

There are none in the district.

PUBLIC CLEANSING

Taking into account that the outside staff of this Councils consists of three men and the fact that this is a rural district, a weekly collection of refuse for the three main villages can be regarded as satisfactory. In some remote areas a fortnightly collection is made and in more remote areas a monthly collection. Approximately 90 per cent of the district is served.

My remarks with regard to salvage collection still apply, but possibly if we were to combine with other authorities some form of collection could be undertaken.

SANITARY POSITION OF THE AREA

Number of inspections	593
Nuisances report	2
Nuisances abated by informal notices	2
Informal notices	2
Statutory notices	NIL
Number of houses inspected	230
Number of houses disinfected	-
New houses erected (Local Authority)	NIL
New houses erected (Privately)	2
Plans submitted	25
Plans approved	21
Number of sewer connections	1
Number of water connections	2
Houses demolished	-
Houses closed	-

FACTORIES

(i) Inspection for purposes of provisions as to health (including - inspections made by the Sanitary Inspector),

Premises	No. on register	No. of inspections	No. of written notices	No. of Occupied properties
(i) Factories in which Sec. 1, 2, 3, 4 & 6 are to be enforced by Local Authority.	4	1	-	-
(ii) Factories not included in (i) in which Sec. 7 is enforced by the Local Authority.	13	13	-	-
(iii) Other premises in which Sec. 7 is enforced by the Local Authority (excluding outworkers premises)	-	-	-	-
	17	14	-	-
(ii) Cases in which defects were found NIL

OFFICES, SHOPS AND RAILWAY PREMISES ACT, 1963

The number on the register remained at 30 and all premises were visited at least once during the year.

No notifications of accidents were received.

S E C T I O N DHOUSING

Progress during the year with local authority housing was disappointing although a start was made on the erection of four two bedroomed flats at Nenthead.

At Alston, the Council was beset with difficulties at almost every turn, the proposed scheme in the process being reduced from 42 dwellings to 38 and negotiations had to take place in order to have adequate road widths without spoiling the layout of the site.

At the year end we were still having discussions with the County Surveyor's Department and consequently planning permission was not obtained until 1967,

POST WAR HOUSING

Council houses completed at the end of 1965	153
Privately owned houses	20

Estimated number of houses unfit for habitation which cannot be made fit at reasonable cost	35
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Number of houses overcrowded	7
Total number of applicants for Council Houses	53

IMPROVEMENT GRANTS

Number of privately owned houses for which Improvement Grants were sought	3
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Number of applicants for Grants approved	3
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Number of Improvements completed	2
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Improvement Grant total	£439
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STANDARD GRANTS

Number of Standard Grant applications granted	4
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Number of Standard Grant work completed	7
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Standard Grant total	£732.3.2.
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S E C T I O N EMEATSSlaughterhouses

One privately owned slaughterhouse was operated satisfactorily during the year.

The quality of beasts, etc. has been very high and the only meat found to be unfit was a small percentage of offal - 9 livers affected by fluke worm.

There was no evidence of *Cysticercus Bovis*.

The throughput for the slaughterhouse for the year was :

Cattle 129	Sheep 468
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MILK

Number of retailers 8.

Again attention is drawn to the condition of milk bottles. The public are largely to blame as often there are long delays before the empty bottles are returned to the dairyman. Also care on all sides should be taken to prevent the chipping of the necks of bottles and chipped bottles should NOT be used.

CATERING ESTABLISHMENTS

Again the various establishments have been satisfactory. They are as follows :

	Licenced Hotels	Temperance Hotels	Snack Bar	Fish & Chip Shop	Total
Alston	5	1	2	2	10
Nenthead	1	-	-	-	1
Garrigill	1	-	-	-	1

The total number of listed premises are as under :

Alston	8
Nenthead	3
Garrigill	1
			<u>12</u>

Premises registered under Section 16 of the Food and Drugs Act, 1955,

Making sausages and pressed meats 2
 Premises registered for the sale of ice cream only .. 10

RECORD OF FOOD VOLUNTARILY SURRENDERED DURING 1966

	Tins	lbs.	ozs		Tins	Lbs.	ozs.
Cooked Ham	1	11	0	Corned Beef	5	3	12
Tongue	1	6	0	Meat Loaf	1		12
Stewed Steak	3	3	14 $\frac{1}{2}$	Pork and Ham	1		12
Soups	2	1	9 $\frac{3}{4}$	Salmon	1		3 $\frac{3}{4}$
Pears	10	14	1	Peaches	17	30	2 $\frac{1}{2}$
Grapefruit	13	14	14	Raspberries	3	2	13
Pineapples	10	10	13	Oranges	2	1	5
Tomatoes	6	6	9	Peas	2	1	15
Syrup	3	3	0	Jam	1 Jar	1	0
				Evaporated Milk 3 tins	6 pints		

SECTION FINFECTIOUS AND OTHER DISEASES

Measles	89
Poliomyelitis vaccination	
Primary	114
Completed	29
Booster	225
Smallpox vaccination	15
Triple Antigen	
Primary	30
Completed	28
Booster	87

CAUSE OF DEATH

AGE IN YEARS

Cause of Death	Sex	Total all ages	Under 4 weeks	4 weeks and under 1 year	Age in Years							
					1- 5-	5- 15-	15- 25-	25- 35-	35- 45-	45- 55-	55- 65-	65- 75+
12. MALIGNANT NEOPLASMS, BREAST	M	-	-	-	-	-	-	-	-	-	-	-
	F	1	-	-	-	-	-	-	-	-	-	1
14. OTHER MALIGNANT AND IMPLANTIC NEOPLASMS	M	1	-	-	-	-	-	1	-	-	-	-
	F	2	-	-	-	-	-	-	-	-	-	2
17. VASCULAR DISEASES OF NERVOUS SYSTEM	M	5	-	-	-	-	-	-	-	-	-	1
	F	-	-	-	-	-	-	-	-	-	-	1
18. GROWTH DISORDERS, NECK	M	1	-	-	-	-	-	-	-	-	-	3
	F	-	-	-	-	-	-	-	-	-	-	1
20. OTHER HEART DISEASE	M	1	-	-	-	-	-	-	-	-	-	1
	F	-	-	-	-	-	-	-	-	-	-	1
21. OTHER CARDIOVASCULAR DISEASES	M	2	-	-	-	-	-	-	-	-	-	2
	F	-	-	-	-	-	-	-	-	-	-	2
23. FAMILIAL DISEASE	M	3	-	-	-	-	-	-	-	-	-	3
	F	1	-	-	-	-	-	-	-	-	-	1
25. CHRONIC INFLAMMATION OF APPENDIX SYSTEM	M	1	-	-	-	-	-	-	-	-	-	1
	F	-	-	-	-	-	-	-	-	-	-	1
29. LYMPHOMA OF BLOOD CELLS	M	2	-	-	-	-	-	-	-	-	-	2
	F	-	-	-	-	-	-	-	-	-	-	2
32. OTHER DEFINED AND UNDEFINED DISEASES	M	-	-	-	-	-	-	-	-	-	-	-
	F	-	-	-	-	-	-	-	-	-	-	-
TOTAL ALL CAUSES	M	10	-	-	-	-	-	1	-	3	5	10
	F	13	-	-	-	-	-	-	-	1	2	10

